

Aotearoa AODTC Conference 2019

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Independent Contractor

- Waitemata Health AODTC Assessment Team
 - CADS Abstinence Programme
 - Wings Trust

Targeting - For Whom do AODT Courts Work Best? Panel Discussion

- ▶ A clinical perspective
- ▶ Dependence
- ▶ Risk
- ▶ Context

Criteria for Substance Dependence

- ▶ Marked acquired tolerance
- ▶ Withdrawal/relief use
- ▶ Substance taken in larger amounts or over a longer period of time intended
- ▶ Persistent desire or unsuccessful efforts to cut down or control use
- ▶ Time +++ spent getting, consuming recovering from its effects
- ▶ Hazardous or dysfunctional use
- ▶ Increasing priority given to use - important social, occupational or recreational activities are given up or reduced because of substance use
- ▶ Continued use despite complications

Risk Assessment Data

- ▶ Static risk factors
- ▶ Dynamic risk factors
- ▶ Protective factors
- ▶ Context (under what circumstances)

Static Risk Factors

- ▶ Do not change over time or are relatively stable
- ▶ Not modifiable
- ▶ Typically historical
- ▶ Examples include:
 - ▶ Age at first offence
 - ▶ Prior criminal history

Dynamic Risk Factors

- ▶ Changeable
- ▶ Modifiable
- ▶ Can be changed by intervention
- ▶ Internal (the person's experience) *emotions, sensations, thoughts, intentions, insight, mental state*
- ▶ External (situational) *substance use, medications, major life events, engagement with services, systemic/social factors, access to means.*

Dynamic Risk Factors

- Substance dependence
- ▶ Employment
- ▶ Pro-social support
- ▶ Literacy problems
- ▶ Historical trauma
- ▶ Mental health issues
- ▶ Self-harm (intentional or unintentional)
- ▶ Traumatic brain injury
- ▶ Medical issues
- ▶ Interpersonal violence
- ▶ Behavioural addictions (gambling)

Protective Factors

- ▶ Mitigate the risk of following through with the risky behaviour
- ▶ Slow or abort the process
- ▶ Verify protective factors where possible (May include collateral information)
- ▶ Can be.... *internal, external, situational, events, supports... any reduction in any of the risk factors*
- ▶ Be aware of changes in protective factors

Context

What needs to be happening for the risk event to occur

- ▶ The circumstances
- ▶ Can be.... *internal, external, situational, events, supports*
- ▶ Important to make the link between AOD use and criminal offending